

Fall Bucket List...just for adults



1. Treat yourself to your favorite fall variety of **coffee or tea** at a coffee shop; sit with a book or a friend and sip the hour away.
2. **Take a walk** in a new place, enjoying the crisp air and the changing foliage.
3. Go to a **high school football game**, either where you live now or back home. Reminisce about your days in the band, on the team, as the mascot or on the cheering squad.
4. Visit a nearby **vineyard and winery**. After you tour the vineyard, enjoy a flight of local wines with a charcuterie board.
5. Bake a **fresh apple cake** and invite friends over to enjoy it with coffee and conversation.
6. Attend a **college football game** and tailgate before and after the game. Wear your team's colors and cheer loud!
7. Select some unusual and **beautiful pumpkins, mums and/or candles** to decorate your front door, mantle and dining room table.
8. Cuddle up on your sofa with popcorn and a warm afghan, and watch a **favorite fall movie** like *You've Got Mail*, *Little Women*, *Rudy*, *October Sky*, *Hoosiers* or *Stepmom*.
9. Go to a **local fair, festival or carnival** and check out the antique cars, crafts, quilts, jewelry or foods they are featuring. Take your time walking around and eat something fun.
10. **Rake the leaves** or winterize the yard for a neighbor or friend who can't get out to do it for themselves.
11. Make a big pot of a **hearty soup or chili**. Eat some, share some with another family and freeze the rest for another day.
12. Bake a batch of **sugar cookies shaped like leaves**. Add maple flavoring instead of vanilla and decorate them in the shades of autumn. Keep a few to enjoy with coffee, but take the rest to the local fire or police station with a note of appreciation.
13. **Take a hike**. Be sure to pack a yummy trail mix, a fresh apple and plenty of water to enjoy along the way. Snap some photos and share them on Instagram.
14. Light a fire in your **outdoor fire pit or build a bonfire** one evening. Gather around with friends or family to roast wieners and toast marshmallows. Provide warm blankets and hot cocoa, too.

15. Buy a **new candle** with a scent that reminds you of autumn: maple, pumpkin spice, apple pie, poached pear or cinnamon. Light it and listen to your favorite reading music while you peruse an autumn issue of a favorite magazine.
16. On a Saturday morning, surprise a few good-natured friends with an early morning wake-up call and an **impromptu invitation to breakfast**. Provide them a bountiful fare of pancakes or waffles, sausage or bacon and warm fruit compote. Invite them to join you in their pajamas or cozy sweats!
17. After church on a brisk Sunday, buy a bucket of chicken and all the fixin's and go to a pretty park for a **Sunday picnic**. Take a walk or just lie on a blanket and nap afterwards.
18. Visit your local **arboretum or botanical garden**. Stroll the grounds and then go to the tea room for a seasonal lunch or tea.
19. Find a local **food truck event** and enjoy the unusual flavors.
20. Organize a **hayride** for your family, friends or church small group. Finish the evening with hot cocoa around a fire.
21. Take a stroll through your **local farmer's market**. Bring your own bag and cash. Buy fall specialties like sweet potatoes, apple cider, winter squash, Brussels sprouts and pears.
22. Show your pastor and ministerial staff some gratitude (for **Pastor Appreciation Month** in October) by inviting them to dinner in your home, taking them out to eat or presenting them with a gift card.
23. Volunteer at the local elementary school's or your church's **fall festival**.
24. **Gather your own apples** at a local orchard, then return home to make applesauce, pies or jelly. Or you could dry apple slices for snacks and decorations.
25. Send **handwritten notes or cards** to your family and friends telling them why you are grateful for them before Thanksgiving.
26. Invite a family who is far from relatives and home to **join you for Thanksgiving**. As you sit around the table with them, ask them about how their family traditionally celebrates Thanksgiving.
27. **Volunteer** at a local food pantry or shelter around or on Thanksgiving. Be willing to pitch in wherever help is needed.
28. Visit a **corn maze** and get lost with someone you love!
29. Rent a **cabin in the mountains** for a few days and soak up the local flavors, take hikes or bike rides and read by a roaring fire.
30. Create a **hearty autumn dinner** featuring pork roast with apples, roasted root vegetables, crusty bread and poached pears.
31. **Update your fall wardrobe** with a new cashmere sweater, a pretty piece of jewelry, a warm coat in a color of the season or trendy boots.

